

9.2_B

Review

Obesity – definition

How big is the problem?

What is the source of
the problem?

What are the risks?

Solutions are ...?

NotesBody mass = kg/height m²

• overweight (BMI) vs obesity (BMI)

• measure childhood obesity =

..... of the problem

WHO stats for 2016 = obese

previously high-income countries, now +-income countries

Causes

• energy-..... foods ↑/↓ foodstuffs

• ↓ phys. activity

• ↑ use modes of

• → to urban areas from countryside

Health risks for obese

obesity + related diseases are | pr.....

risks = / /

risks for obese children: /

Increase responsibility of: food/m.....ing/legislation

Summary